

## Summer School

The Center for Interdisciplinary Health Research hosts its second summer school. This year's topic is „Deliberating and negotiating ‚good health‘ and ‚good death‘“. Three internationally renowned scholars from communication science, philosophy and sport science will teach three graduate classes for MA students and give public lectures. The summer school addresses current issues of health and illness through social scientific and cultural perspectives. Students from communication science, philosophy and sport science have the opportunity to collaborate with the ZIG guest professors in classes on highly innovative topics and conduct interdisciplinary research.

### Chair of the scientific program:

**Prof. Dr. Helena Bilandzic**

Communication Science

Board Member of the ZIG

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### Organisation:

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## The Center

The Center for Interdisciplinary Health Research was founded in April 2014 as a research facility of the University of Augsburg. It creates a network between researchers in economics, law, social sciences and humanities as well as other disciplines, and facilitates and stimulates interdisciplinary research. Its goal is to monitor and analyze current developments in the health care system and explore the meaning of medical and health practices. A board of advisors composed of highly appraised members supports the Center with their broad expertise on health issues in politics, society, the public and the media.

### Contact:

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Scientific Managing Director

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**ZIG**  
SUMMER SCHOOL  
**2018**

ZIG Summer School:  
Deliberating  
and negotiating  
‚good health‘  
and ‚good death‘

**UNA**

Universität  
Augsburg  
University

Center for Interdisciplinary Health Research /  
Zentrum für Interdisziplinäre Gesundheitsforschung (ZIG)





**Prof. Dr. Jean-Pierre Wils**  
Radboud University Nijmegen  
The Netherlands  
Invited by:  
Prof. Dr. Klaus Arntz, Philosophy

MA-Class

### The Afterlife of the Dead. Philosophy at the Boundaries

Friday	20-04-2018	2.00 p.m. – 5.00 p.m.
Saturday	21-04-2018	9.00 a.m. – 12.00 p.m. 2.00 p.m. – 5.00 p.m.
Monday	07-05-2018	5.30 p.m. – 8.00 p.m.
Tuesday	08-05-2018	5.30 p.m. – 8.00 p.m.
Monday	11-06-2018	5.30 p.m. – 8.00 p.m.
Tuesday	12-06-2018	5.30 p.m. – 8.00 p.m.
Wednesday	13-06-2018	5.30 p.m. – 8.00 p.m.

During the past decades, an enormous ethicization of death and dealing with dead persons can be noted. Categories like assisted dying and organ donation exemplarily represent a whole repertoire of ethical questions that remain on our minds until today. It would be a misunderstanding, however, if the extensive anthropological contexts integrating our moral beliefs and concepts were left unaddressed: Is it possible to think death? How far does mortal fear or fear of death reach into our lives and how does it influence our attitudes in the face of death? Are we capable of discussing death without considering the different forms of death? Why do we recognize a recurrence of 'immortality' and what does this mean? What is the meaning of consoling someone and is consolidation capable of succeeding even in the face of death? Can we talk about near-death experiences besides untenable esotericism and what role does dreaming gain in this context? How do we deal with our grief and is it a feeling in its own right, concerning attempts to keep it short and to cope with it therapeutically? Ethics requires a (careful) thanatology.



**Prof. Dr. Attilio Carraro**  
University Padua  
Italy  
Invited by:  
Prof. Dr. Hans Peter Brandl-Bredenbeck, Sport Science

MA-Class

### Physical Activity & Mental Health

Wednesday	06-06-2018	5.00 p.m. – 8.00 p.m.
Friday	08-06-2018	2.00 p.m. – 6.00 p.m.
Friday	15-06-2018	2.00 p.m. – 6.00 p.m.
Saturday	16-06-2018	9.00 a.m. – 12.00 p.m. 1.00 p.m. – 5.00 p.m.
Monday	02-07-2018	5.00 p.m. – 8.00 p.m.
Wednesday	11-07-2018	5.00 p.m. – 7.30 p.m.

It is well-recognized that good mental health is related to physical and psychological well-being and that poor mental health conditions reduce the quality of life, and frequently the lifespan itself, and constitute a major concern for public health. Regular physical activity is a key component of mental health. According to the recommendations of the most important international health agencies, several actions are required to improve the mental health of people and communities. In particular, it is important to promote well-being (e.g. in schools and workplaces); to prevent mental disorders; to protect human rights; to take care of people affected by psychiatric diseases; to reduce the stigma and the cessation of discrimination for people living with mental illness. Physical exercise and sport programmes can play a central role in promoting all the above-mentioned aspects.



**Prof. Dr. Enny Das**  
Radboud University Nijmegen  
The Netherlands  
Invited by:  
Prof. Dr. Helena Bilandzic, Communication Science

MA-Class

### Communication as Placebo: Understanding Adverse Information Effects in the Medical Domain

Friday	22-06-2018	9.00 a.m. – 5.00 p.m.
Friday	29-06-2018	9.00 a.m. – 5.00 p.m.
Friday	06-07-2018	9.00 a.m. – 5.00 p.m.

Communication about illness and treatment plays a crucial role in medical decision-making, but it can also negatively affect medical outcomes. For example, when memory problems are mentioned as potential side effects of chemotherapy, patients perform worse on memory tasks, and when doctors merely mention that "this injection will sting a little bit", patients feel more pain. Currently, not much is known about the role of communication in placebo and nocebo effects. In the present master class, we examine how (offline and online) communication may improve or decrease health-related outcomes. We discuss empirical evidence from the domains of communication science, psychology and medicine, and work towards developing a theory that explains how communication can contribute to, or decrease, the occurrence and severity of medical problems.